

Spring Clean Your Excuses!



Picture courtesy of photographersdirect.com

“What if?”

Our minds are so powerful, that we can sometimes almost predict what can happen, before it happens. We do that with our dreams as well. We try to work out what could go right and what could go wrong, but we can never predict what can happen tomorrow.



“I don’t believe it can really happen”

When you step out to try and achieve your dream you have to believe it can happen. Do not let fear stop you from going forward. You need to have a strong belief that drives you into action. Do not let doubt creep in or it will cripple the plans you have in place. Fill your mind with lots of pictures that help to make the dream come true.



“It just isn’t convenient right now”

When you have a dream that drives you to do something really special it is such a shame to put it off. There can be some genuine reasons for delaying to go for your dreams. However there will be reasons that are really excuses. Do not let it happen. Make your dreams convenient and go after them before it is too late.

Picture Your Dreams Workshops

Do you want to be:-

- Focused on thinking specifically about your dream?
- Not distracted and just spend the time putting your pictures in place?
- Meeting likeminded people who want to ensure they act and don’t just talk about their dream?
- Be inspired, with goals and plans in place?

**The "Picture Your Dreams" Workshop is for you.
Next workshop date is Tues 26th May 2009 – cost £10.00.
@ Campanile Hotel – Coventry UK.
Find out more and book now! -
<http://www.pictureyourdreams.co.uk/14.html>**

Your dream – Next steps – Quick tips

- i) Stop procrastinating – stop putting things off – start believing in yourself – start to do things now. Need help with getting started? Send me an email - denisef@pictureyourdreams.co.uk
- ii) There are some things that believe it or not you have achieved already. Start to put things down on the paper. Why not send details of what you did and of course, a picture of it, (if you have one!) to achievers@pictureyourdreams.co.uk and I will publish it on the webpage.

Go Forward with your Dream Now!

Denise Farquharson

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www.pictureyourdreams.co.uk